

Cuba: Its Culture and Its People

8 Day ITINERARY – March 25 – April 1, 2012

March 25 - USA/ Havana

A morning arrival in Havana precedes a short orientation drive en route to lunch at *El Aljibe*. Afterwards, transfer to your hotel and settle in. Later this afternoon, enjoy a walking tour of your Havana neighborhood, stopping at notable buildings that your study leader will point out. This evening, enjoy a welcome reception at the hotel. Your study leader will provide opening remarks and hotel staff will be on hand to answer questions. Then depart for dinner at *Café del Oriente* where you will be joined by Cuban guests. (L/R/D) *PLEASE NOTE – YOU MUST PLAN TO ARRIVE IN MIAMI ON MARCH 24 IN PREPARATION FOR AN EARLY MORNING GROUP CHARTER FLIGHT TO HAVANA.

March 26 - Havana

We begin our morning with opening lectures and a tour of Casa de las Tejas Verdes, a fully-restored Queen Anne-style mansion. Architect Miguel Coyula and other preservation specialists will take part in the discussion and will join us for a patio reception afterwards.

Next, transfer to Old Havana for a welcome presentation by the City Historian's Office. Then enjoy a walking tour of Old Havana, including a stop with restoration students from *La Escuela Taller de la Habana*. Lunch follows at *El Patio* where you will mingle with local business people who operate businesses in the historic district.

After lunch, conclude your walking tour at Hotel Ambos Mundos, frequented by Ernest Hemingway, with a celebratory *mojito*. Tonight return to Old Havana for dinner at *La Imprenta* and mingle with Cuban guests. (B, L, D)

March 27 - Havana

Today, venture out to the Vedado area of the city for a tour of the Cementerio de Colon with a specialist. Learn why this cemetery, laid out between 1871 and 1886, is one of the most distinguished in Latin America. Afterwards, we'll spend time walking through an architecturally-significant neighborhood where your study leader will point out unique details. Lunch follows at *El Temple*. This afternoon revolves around the republican period of Cuban architecture. You'll see the civic and commercial buildings along the Paseo del Prado, and the Art Deco Bacardi Building. Then visit the Museo Nacional de Bellas Artes with museum curators. The collection, unquestionably Cuba's most important, is housed in the recently restored Palacio de Bellas Artes and our discussion will underline the extensive work and process involved in its reopening. Afterwards, join your study leader for a walk along the *Prado*. This evening, enjoy Cuban specialties at a *paladar*, a privately owned restaurant that Cubans have been able to set up in their homes as one of the first opportunities for private enterprise allowed. Our hosts, the proprietors, will speak with us to discuss the impact these ventures have made in the local communities. (B/L/D)

March 28 - Havana

Today's emphasis is on the Vedado and Miramar districts of the city, and begins with a forum at the prominently located University of Havana led by Art History Professor Claudia Fayl. Here we will have the first hand occasion to relate directly with University staff and students alike for group and one-on-one discussions. The program will also include several of the Art Deco residences, hotels and commercial buildings in the area. Focus on the development of the city during this period when great

mansions and hotels proliferated in pre-Revolutionary Havana and even stop by *Casa Vedado* to see an in-progress restoration of an early 20th century upper middle class household. Lunch today is at *La Barraca* at the Hotel Nacional. We'll be joined by the hotel's historian who will share stories of historic events that occurred at the hotel. A special meeting is planned at the Ludwig Foundation of Cuba, a private foundation from Aachen, Germany that supports both art and theater projects. The afternoon will afford us the occasion to converse with both local Cuban artists as well as those from other countries who have, with the assistance of the foundation, come to Cuba to absorb styles and share ideas with the local art community. This evening, return to the hotel for a lecture/discussion with preservation specialists and your study leader. Afterwards, depart for *Club Havana* with dinner and a musical performance. (B/L/R/D)

March 29 - Havana/Cienfuegos

Today we transfer via motorcoach to the central area of Cuba and the city of Cienfuegos. Meet architect and historian Iran Millan Cuetara for a walking tour of the town's historic center. Learn how the local architecture reflected the prosperity of sugar, tobacco and fruit trading, as well as about the 19th-century European influence. Lunch follows at *Club Cienfuegos*. Meet and interact with the musicians from *De Mutuo Acverdo* after their performance. Then return to the beautifully restored theater for a presentation by Mr. Millan Cuetara and his colleagues. Afterwards, the Choir of Cienfuegos will perform for you. Meet the singers afterwards. Check into the Hotel Jagua and have dinner next door at the *Palacio del Valle*, once a sumptuous private home now restored as a restaurant. (B/L/D)

March 30 - Trinidad/Valley of the Sugar Mills

This morning, your study leader will discuss the UNESCO World Heritage Site of Trinidad de Cuba before you begin your drive there. Founded in 1514, Trinidad was Spain's most prosperous colonial settlement and its simplistic beauty has been virtually untouched since the 19th century. In the company of architect Nancy Benitez, we'll explore the city, meet with musicians and learn about several businesses that operate in historic buildings, such as an art gallery, painting studio, restaurant and retail shop. Our visit in Trinidad also takes us out to the Valle de los Ingenios (Valley of the Sugar Mills) to meet with local farmers while learning about the sugar culture's importance in the region and in the development of the entire country. Return to Cienfuegos for dinner at the hotel. You may choose to take an optional boat ride on the Bay. (B/L/D)

March 31 - Cienfuegos/Havana

Depart Cienfuegos for our morning return to Havana. En route, stop in the fishing village of Cojimar and at *Las Terraza* Restaurant, where Ernest Hemingway frequented in the 1930s through the 1950s. We'll be joined by museum personnel from the Finca Vigia, Ernest Hemingway's home, for a lunch discussion on Hemingway's legacy in Cuba. Afterwards, we'll visit the 12-acre property that contains original furniture, artwork, personal memorabilia, and other objects collected by the author. Of special importance is the author's 9,000 book library containing thousands of irreplaceable letters and telegrams, more than 2,000 photographs, scrapbooks, manuscripts, and galley proofs. The National Trust for Historic Preservation has been involved for nearly a decade in efforts to preserve the home.

This evening, enjoy a farewell dinner and a musical performance at *Café Taberna Restaurant* and the company of several of the specialists we met during the week. (B/L/D)

April 1 - Havana/USA

Check out of the hotel this morning and transfer to the airport for your flight to Miami. (B)

Meal Codes: B=Breakfast/L=Lunch/D=Dinner/R=Reception

Tour Services Provider

We are partnering with Academic Travel Abroad (ATA) on this program. A long time tour operator for National Trust Tours, ATA is a Washington, DC-based Tour Services Provider (TSP) licensed by the U.S. Treasury's Office of Foreign Asset Control to handle tour planning and logistics for groups like ours. ATA maintains contacts with Cuban educational and cultural resources and with the Cuban travel industry.

STUDY LEADER: Dwight Young

Dwight Young has been actively involved in historic preservation for over 30 years. He joined the staff of the National Trust in 1977, and moved to Trust headquarters in Washington in 1992. He is newly retired and now makes his home in Charleston, SC. Dwight is the author of several titles, including *Alternatives to Sprawl*, *Saving America's Treasures*, as well as, *Dear First Lady: Letters to the White House* and *Dear Mr. President: Letters to the Oval Office from the files of the National Archives*. He is best known as author of the "Back Page" feature in *Preservation* magazine. In 2003, the National Trust published a collection of these essays titled *Road Trips through History*. Dwight has enriched countless National Trust tours to historic destinations all over the world through his love and knowledge of architecture and unique places.

Terms & Conditions

WHAT IS INCLUDED IN THE TOUR COST

Accommodations in the best available hotels based on double occupancy; meals as indicated in the tour itinerary by B, L, and D; all special visits and excursions; group charter air, Visa costs, special visits and meetings as set forth in the itinerary; all on-tour transportation, including group transfers to/from the airport; baggage handling for one bag, plus one carry-on bag per person; pre-trip notes and guidelines; service charges, taxes and basic gratuities.

WHAT IS NOT INCLUDED

Airfare to and from Miami; accommodations in Miami; passport photos and fees; visa photos and fees as required; meals other than specified; personal items such as wines, liquors, a-la-carte orders, room service, and valet/laundry charges; expenses incurred by Academic Travel Abroad in making individual travel arrangements in conjunction with the tour; other items not specifically mentioned as included. Due to fluctuations in oil prices, a fuel surcharge may be added to your tour fee. Details and costs will be advised prior to departure.

SINGLE/SHARED ROOMS

A limited number of single rooms are available at extra cost on a first-come, first-served basis, but availability cannot be guaranteed. Academic Travel Abroad will assist persons requesting a

roommate. However, neither a single room nor a share can be guaranteed. Participants will be notified if we are unsuccessful in finding a suitable roommate. In this case, the single supplement will be charged.

PAYMENT SCHEDULE

\$500 deposit due upon application. Acceptable forms of payment are personal check, Visa, MasterCard, or American Express. An invoice for final payment will be sent to you. Final payment is due approximately 90 days prior to departure. If final payment is not made at that time, your space is subject to cancellation.

CANCELLATION AND REFUNDS

All cancellations must be submitted in writing Academic Travel Abroad, Inc. (ATA). After confirmation on the tour, a nonrefundable processing fee of \$300 per person will be charged upon written cancellation. Written cancellation between 90-61 days of departure: full refund, minus your deposit (including nonrefundable processing fee). Written cancellation between 60 and 31 days prior to departure: 50% refund of the tour price. Written cancellation within 30 days prior to departure: no refund. Reservations are not transferable without the explicit approval of ATA.

Cancellation on day of departure or after tour departs: no refund. No refund for unused portions of tour, including, but not limited to, missed meals, hotel nights and sightseeing. Cancellation of program by ATA: full refund. Cancellation of the program after departure by ATA: full refund of all land fees, less the cost of service up to the time of the group's return. NOTE: Neither the National Trust nor ATA accepts liability for any airline cancellation penalty incurred by the purchase of a nonrefundable airline ticket to the tour departure city and return. We strongly urge applicants to consider purchasing trip cancellation insurance.

A NOTE ABOUT THE ITINERARY

While every effort will be made to carry out the program as planned, the itinerary as described is subject to modification and change by the client and ATA. The program cost is based upon current airfares, tariffs, and currency values in effect, and assumes that a minimum of 21 participants will join the program. While we will do everything possible to maintain the listed price, it is subject to change. If it is necessary to levy a surcharge, notification will be given before time of invoicing (approximately 90 days prior to departure). In the event of cancellation due to a surcharge, all monies are fully refundable except for processing fee.

INSURANCE

We strongly recommend the purchase of trip cancellation insurance, which is available for coverage of expenses in conjunction with cancellation due to illness or accident. Baggage

insurance is also recommended. In the event that you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement. Information on trip cancellation insurance will be mailed to you upon confirmation.

HEALTH RECOMMENDATIONS

To enjoy your travels to the fullest you should be in good physical and mental health. Any physical condition requiring special attention, diets, or treatment must be reported in writing when the reservation is made. We reserve the right to decline to accept or retain any person as a tour member should such a person's health, mental condition, physical infirmity, or attitude jeopardize the operation of the tour or the enjoyment of other participants.

RESPONSIBILITY

Read Carefully: Responsibility Statement and Liability Disclaimer

The National Trust's programs are managed by Academic Travel Abroad (ATA), a professional tour operator, hired as independent contractors. ATA acts only as an agent for the respective suppliers by making arrangements for transportation, accommodations, and other services. Neither The National Trust nor ATA shall be held liable for personal injury, death, property damage or accident, delay or irregularity arising out of any act or omission of these suppliers. The National Trust and ATA reserve the right, without penalty, to make changes in the published itinerary whenever, in their judgment, conditions warrant, or if they deem it necessary for the comfort, convenience, or safety of tour participants. The National Trust and ATA also reserve the right, without penalty, to withdraw the tour announced, to decline to accept any person as a participant in a tour, or to require any participant to withdraw from the tour at any time, when such action is determined by tour staff to be in the best interests of the health, safety or general welfare of the tour group or the individual participant, subject only to the requirement that the recoverable portion of the total amount paid that corresponds to the cost of unused services and accommodations be refunded, if any. Participants are encouraged to purchase airline tickets no sooner than 60 days before the tour begins to avoid airline cancellation penalties if a tour is canceled or otherwise modified subsequent to the participant's purchase of those tickets. The National Trust and ATA accept no liability for the purchase of non-refundable airline tickets to the tour departure city and return. Baggage and personal effects are at all times the sole responsibility of the participant. Dates, schedules, program details, and costs, although provided in good faith based on information available at the time of publication of the brochure or catalog, are subject to change and revision.

AS A CONDITION OF ACCEPTANCE OF ANY APPLICATION, EACH APPLICANT MUST AGREE TO THE STATEMENT SET FORTH BELOW:

The undersigned has read carefully the Responsibility Statement and Liability Disclaimer set forth above, the schedule of activities for this tour, as well as the terms and conditions of application and participation as set forth in the tour literature, and recognizes and accepts any

risk associated with the tour and the conditions, including the refund policy, set forth in the tour brochure(s). The undersigned further acknowledges that there are many risks and uncertainties inherent in any travel tour, including but not limited to the hazards of various modes of transportation, forces of nature, acts or omissions of foreign governments, terrorism, war or insurrection, theft, illness, and damage to person or property due to the negligent acts or omissions of tour staff or others. In consideration of, and as part payment for, the right to participate in the tour, the undersigned, on behalf of himself, his dependents, heirs, executors, administrators and assigns, agrees to release The National Trust, its Regents, officers, employees, representatives or agents, the United States, and ATA and its officers, employees and agents, from liability for personal injury, death, property damage or loss suffered by any person in connection with this tour, even if caused by the negligence (but not the reckless, willful, or fraudulent conduct) of tour staff or other related persons or entities. In addition, by registering for this tour, the applicant certifies that he or she is mentally and physically capable of full participation in this tour.

BY REGISTERING FOR A TOUR SPONSORED BY THE NATIONAL TRUST THE PARTICIPANT AGREES TO THE RESPONSIBILITY STATEMENT AND LIABILITY DISCLAIMER AND THE TERMS AND CONDITIONS HEREIN.

Tour Costs

\$5,095 – per person, double occupancy

\$670 – single supplement

\$500 - deposit

NATIONAL TRUST FOR HISTORIC PRESERVATION®

RESERVATIONS

Cuba: Its Culture and Its People

March 25 – April 1, 2012

Please complete the traveler information below. A deposit of \$500 per person is required to reserve a place on **Cuba: Its Culture and Its People**. Deposits may be made by credit card or check. Please reserve _____place(s) on this program.

Name as on Passport	Passport #	Country	Expiration Date
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Street Address	City	State	Zip Code
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Daytime Telephone	Evening Telephone	Date of Birth
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Accompanying Person's Name as on Passport	Passport #	Country	Expiration Date
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Street Address	City	State	Zip Code
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Daytime Telephone	Evening Telephone	Date of Birth
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Names(s) for Name Badges

E-mail Address(es)

Method of Deposit *

Check for deposit enclosed. *Please make deposit check payable to:* NATIONAL TRUST TOURS

Credit Card. Please charge my Visa MasterCard American Express

Card Number: _____ Expiration Date: _____

Name as it appears on credit card (please print)

Signature

National Trust Tours are open to members only. If you are not a member of the National Trust, please enclose a separate check with this form payable to the National Trust for Historic Preservation for a one-year membership as follows:

\$20 individual \$30 family

I (We) are National Trust members. My/our membership number is _____
Accommodations

I desire a double-room. My roommate's name is _____.

I desire a double-room and I would like you to select my roommate. I understand if a roommate is not available, I agree to pay the single supplement.

I desire a single room.

Non-Smoker Smoker (Out of consideration for other participants, smokers are asked to refrain from smoking during lectures and while on tour buses).

Statement of Responsibility

The undersigned has read the schedule of activities for **Cuba: Customs, Culture and Colonial Architecture** and accepts any risks therein. The undersigned hereby agrees and assigns to release and hold harmless the National Trust for Historic Preservation and any of its officers, agents, licensees or representatives from any and all liability for delays, injuries or death; for the loss of or damage to his/her property; or for personal injury or property damage to others caused by him/her, however occurring, during any portion of, or in relation to **Cuba: Customs, Culture and Colonial Architecture**.

Signature

Date

Signature

Date

Please send the completed reservation form to: National Trust for Historic Preservation, TOURS, P.O. Box 418530, Boston, MA 02241-8530. Or you may phone or fax your reservation to NATIONAL TRUST TOURS at the following numbers: Phone: 888.484.8785 Fax : (202) 588-6246

For additional information call National Trust Tours - (888) 484-8785 or Academic Travel Abroad - (800) 556-7896